



Adding your Google Gmail accounts to Threads

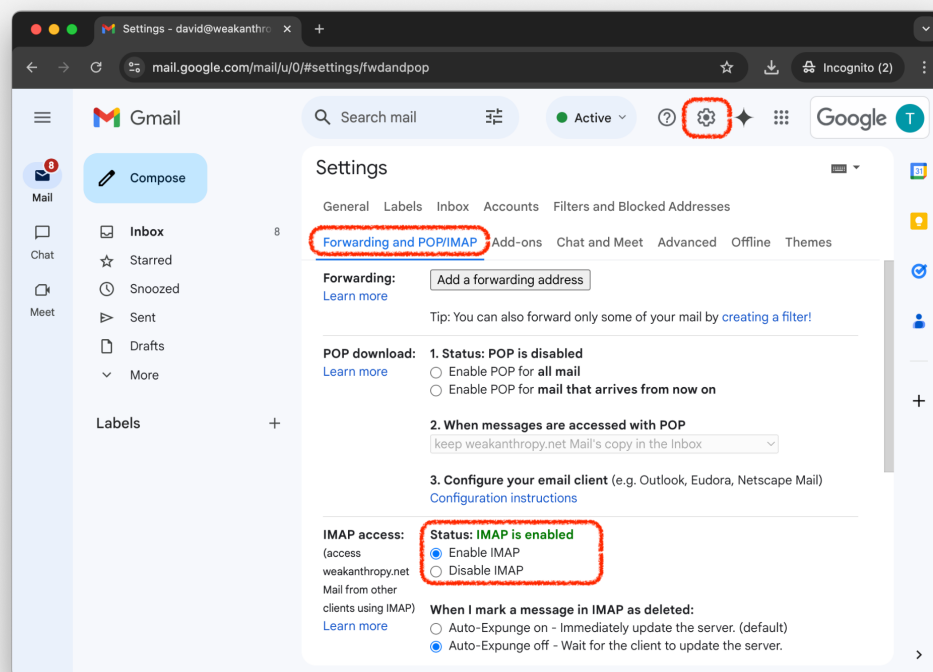
Follow the three steps below to configure your Gmail account so that Threads is able to access your emails. Our video linked here also covers this setup process:

<https://vimeo.com/719120576>

1. Enable IMAP

In order for Threads to access your emails, IMAP must be enabled.

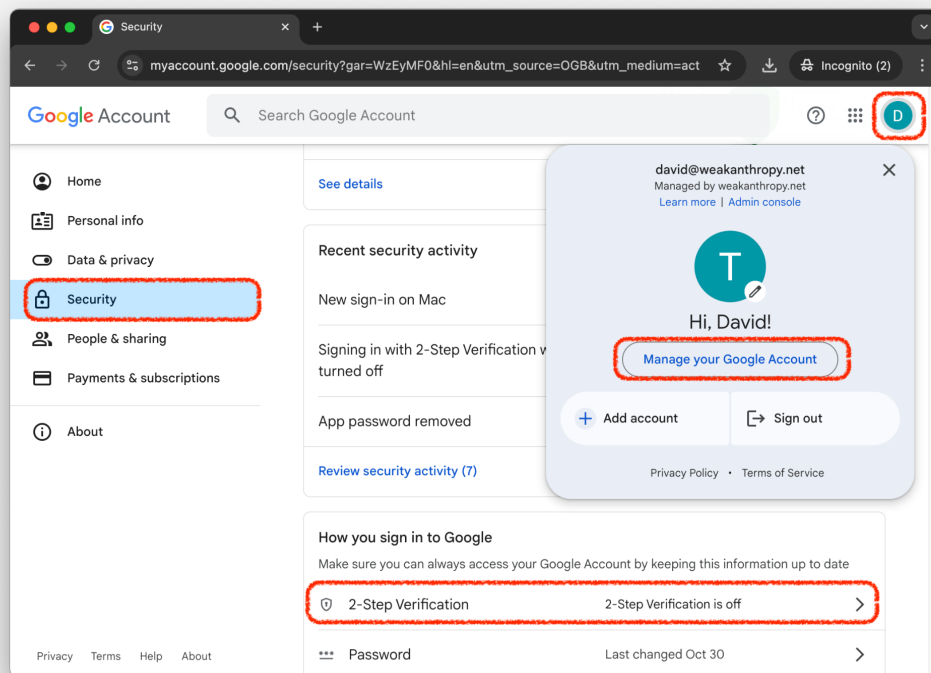
After logging into your Gmail account, go to Settings, and in the "Forwarding and POP/IMAP" tab, make sure the option "enable IMAP" at the bottom is selected.



2. Enable 2-Step Verification (2FA)

Click on the user menu top-right and then 'Manage your Google Account' in the menu that appears below. This will take you to your Google Account settings page. Here, locate 'Security' on the left hand side. All security settings are then visible on the right. Locate 2-Step Verification and enable it. Go through the prompts to do this, there are a few steps to complete.

Note that you may need to contact the person who administers your Google Workspaces accounts to enable 2-step verification.





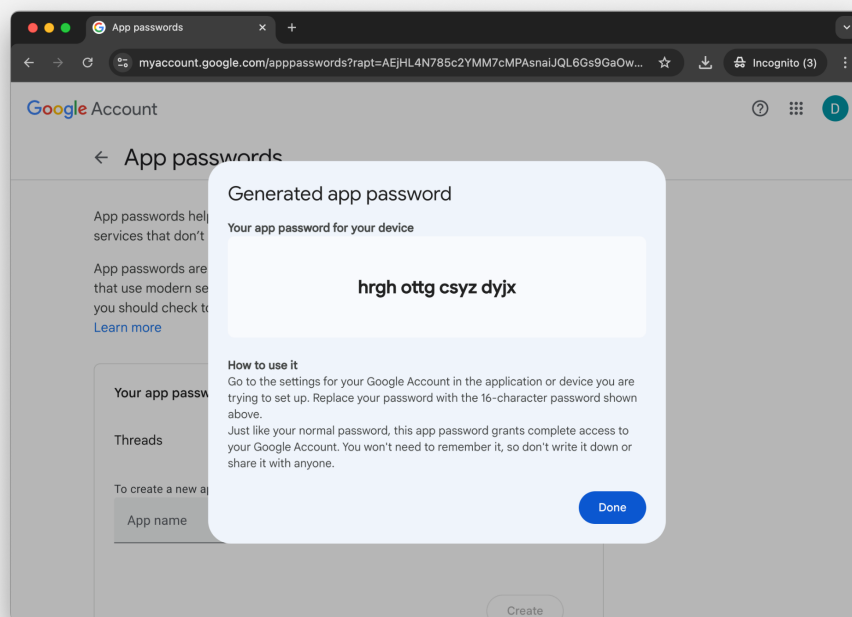
3. Create an App Password for Threads

Note that this step is not possible until step 2 above is completed.

In this step you'll create a password that is specific to Threads, allowing access to your email account. To do this you'll need to visit the URL below, since app-passwords are not included in the standard security settings.

`myaccount.google.com/apppasswords`

Enter 'Threads' as the 'App Name' and click the Create button. You'll now see a randomly generated secure password for use with Threads.



Copy this password and paste somewhere temporarily so you can later paste it into Threads when adding your email account. Note that you will not see this password again within Google settings, so it's important to take note of it now.